



Go In to Go Forward

June 5, 2022

CG Discussion Guide

CATCHING UP ON LIFE

This is when we update each other on the things that Jesus has been up to in our lives since we last saw each other. As A church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

Suggested time: 10 minutes

- What can you thank God for this week?
- When were you most aware of Jesus' presence this week?
- When were you least aware of Jesus' presence this week?

REVIEW THE MISSION

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go because Jesus changes everything. (John 20:21 and 2 Corinthians 5:18-20) · *Suggested time: 10-15 minutes*

- People:
 - Who in your life (family, coworkers, etc.) can we join you in praying for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?
 - Who are the people we are intentionally living on mission with (neighbors, Serve CLT partner organizations, or a specific demographic in Charlotte)? What are our upcoming plans to love, serve, and build relationships with this group?
- Plan:
 - Are there any hangouts already planned, or an extra hangout we could plan to create a way for these friends to connect with our group?
- Pray:
 - Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

SCRIPTURE AND SERMON DISCUSSION

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him. We preach the Word on Sundays and apply it as a Community Group throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25) · *Suggested Time: 30-40 minutes*

**Note to Group Leaders - before getting started this week, we would encourage you to give your group 5-10 minutes to work through this chart on their own, as it will be a large part of what is discussed this week.*

Activity:

Step 1 - "See my Ways" - Identify The Emotion

This can be a recent emotional episode you had or an ongoing emotional issue you are struggling with.

Step 2 - "Know my Anxious Thoughts" - Identify the Worries underneath the emotion

Ask the "Why" questions about your emotions. Why are you feeling this way? Why are you anxious and what are you anxious about?

Step 3 - "Know my Heart" - Identify the core loves, idols, things you worship leading to the worries

Ask God to show you what it is that you are worshiping/loving/orienting your life around that is not Him that is leading to these worries and then to these emotions.

Read Psalm 139:23-24 and recap the sermon.

1. What stood out to you from the Scriptures or the sermon? What comforted you? What convicted you?
2. How do you see evidence of the "false self" show up in your life? How do you tend to hide from God, others, or even yourself? Why do you think that is?
3. Take some time now to have folks share from the activity above. In response the rest of the group should (1) Thank them for sharing, (2) encourage them with God's Word + Gospel truth, and (3) pray for them.

Read Psalm 139:1-12

4. Why is it such good news for us that God sees and knows all of us - including the darkness and wickedness we don't even know about - and yet in Christ Jesus calls us to His presence and holds us with His right hand? How does this move you to be honest and open about what's truly going on in your heart?
5. **Pray** - Pray that our church and your CG would learn to walk in the light, to not hide or put on a false self, but live in vulnerability, honesty, confession, and repentance with God, others, and ourselves.

ENGAGE THE HEART

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

Suggested Time: 30-45 minutes.