



Shame

July 17, 2022

CG Discussion Guide

CATCHING UP ON LIFE

This is when we update each other on the things that Jesus has been up to in our lives since we last saw each other. As A church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

Suggested time: 10 minutes

- What can you thank God for this week?
- When were you most aware of Jesus' presence this week?
- When were you least aware of Jesus' presence this week?

REVIEW THE MISSION

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go because Jesus changes everything. (John 20:21 and 2 Corinthians 5:18-20) · *Suggested time: 10-15 minutes*

- People:
 - Who in your life (family, coworkers, etc.) can we join you in praying for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?
 - Who are the people we are intentionally living on mission with (neighbors, Serve CLT partner organizations, or a specific demographic in Charlotte)? What are our upcoming plans to love, serve, and build relationships with this group?
- Plan:
 - Are there any hangouts already planned, or an extra hangout we could plan to create a way for these friends to connect with our group?
- Pray:
 - Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

SCRIPTURE AND SERMON DISCUSSION

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him. We preach the Word on Sundays and apply it as a Community Group throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25) · *Suggested Time: 30-40 minutes*

Read Psalm 51

1. What stands out to you from this passage? What does this passage show us about God? What does this passage show us about ourselves?

Recap the sermon.

2. What stood out to you from the sermon? What comforted you? What convicted you?

In the sermon, we said that "Shame is the painful emotion that arises from an awareness that one has fallen short of some standard, ideal, or goal."

3. How does this definition apply to your personal relationship with God and sin?

In the sermon, we said that there is destructive shame and constructive shame...it all comes down, not to what you're feeling, but to what you do with the feeling when it arises.

4. What do you tend to do when you feel shame over a sin you've committed?
 - o Where do you tend to turn for relief?

Reread Psalm 51:10-15.

10 Create in me a clean heart, O God, and renew a right spirit within me. 11 Cast me not away from your presence, and take not your Holy Spirit from me. 12 Restore to me the joy of your salvation, and uphold me with a willing spirit. 13 Then I will teach transgressors your ways, and sinners will return to you. 14 Deliver me from bloodguiltiness, O God, O God of my salvation, and my tongue will sing aloud of your righteousness. 15 O Lord, open my lips, and my mouth will declare your praise.

5. Shame is a severe mercy in David's life that leads him to repentance which brings God's healing and cleansing. How is this an invitation for you to rightly see your sin and shame in relationship with God?

Pray - Pray that God would help us redefine shame in relationship with Him. That it is a sign of our fallen nature and His holiness, and that He meets us in our sin and shame with loving discipline and mercy.

ENGAGE THE HEART

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10) *Suggested Time: 30-45 minutes.*