



Psalm 139:23-24



Go In to Go Forward



A False Self



“Every one of us is shadowed by an illusory person: a false self. This is the man I want myself to be but who cannot exist, because God does not know anything about him.”

- **Thomas Merton**



Go In to Go Forward



Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!

Psalm 139:23-24



Layer #1:
See my ways.
(v24)



Layer #2:
Know my thoughts.
(v23)



Layer #3:
Know my heart.
(v23)



The Heart:

- Core of our being
- Driving force behind all we do or think.



Keep your heart with all vigilance,
for from it flow the springs of life.

Proverbs 4:23



The Heart:

- Core of our being
- Driving force behind all we do or think.



What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you? You desire and do not have, so you murder. You covet and cannot obtain, so you fight and quarrel.

James 4:1-2



“Our wants and longings and desires are at the core of our identity, the wellspring from which our actions and behavior flow.”

- James KA Smith



What we love (Heart)



What We Worry About (Thoughts)



What we love (Heart)



What We Feel/Do (Ways)



What We Worry About (Thoughts)



What we love (Heart)





And Jesus said, “What comes out of a person is what defiles him. For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting,

Mark 7:20-23



wickedness, deceit, sensuality, envy, slander, pride, foolishness. All these evil things come from within, and they defile a person.”

Mark 7:20-23



We hide, because when we look
beneath the surface,
often we don't like what we find.



For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness.

Mark 7:20-23



Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!

Psalm 139:23-24



O Lord, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways.

Psalm 139:1-6



Even before a word is on my tongue,
behold, O Lord, you know it
altogether. You hem me in, behind
and before, and lay your hand upon
me. Such knowledge is too
wonderful for me; it is high; I cannot
attain it.

Psalm 139:1-6



Where shall I go from your Spirit? Or where shall I flee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol, you are there!

Psalm 139:7-12



If I take the wings of the morning
and dwell in the uttermost parts of
the sea, even there your hand shall
lead me, and your right hand shall
hold me.

Psalm 139:7-12



If I say, “Surely the darkness shall cover me, and the light about me be night,” even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

Psalm 139:7-12



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