



# Psalm 73



# Jealousy + Envy



# Envy:

A corrosive desire to have something that does not belong to you.



You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's.

**Exodus 20:17**



A tranquil heart gives life to the  
flesh, but envy makes the bones rot.

**Proverbs 14:30**



For where jealousy and selfish  
ambition exist, there will be disorder  
and every vile practice.

**James 3:16**



# Psalm 73





Truly God is good to Israel, to those who are pure in heart. But as for me, my feet had almost stumbled, my steps had nearly slipped. For I was envious of the arrogant when I saw the prosperity of the wicked.

**Psalm 73:1-3**



For they have no pangs until death;  
their bodies are fat and sleek. They  
are not in trouble as others are; they  
are not stricken like the rest of  
mankind.

**Psalm 73:4-12**



Therefore pride is their necklace;  
violence covers them as a garment.  
Their eyes swell out through fatness;  
their hearts overflow with follies.  
They scoff and speak with malice;  
loftily they threaten oppression.

**Psalm 73:4-12**



They set their mouths against the heavens, and their tongue struts through the earth. Therefore his people turn back to them, and find no fault in them.

**Psalm 73:4-12**



And they say, “How can God know?  
Is there knowledge in the Most  
High?” Behold, these are the wicked;  
always at ease, they increase in  
riches.

**Psalm 73:4-12**



# Danger of Envy:

- Envy lives in unreality.



“If envy was not such a tearing thing to feel it would be the most comic of sins. It is usually, if not always, based on a complete misunderstanding of another person's situation.”

- **Monica Furlong**



# Danger of Envy:

- Envy lives in unreality.





# Danger of Envy:

- Envy lives in unreality.
- Envy keeps us from loving others.



Rejoice with those who rejoice, weep  
with those who weep.

**Romans 12:15**



All in vain have I kept my heart  
clean and washed my hands in  
innocence.

**Psalm 73:13-15**



# Danger of Envy:

- Envy lives in unreality.
- Envy keeps us from loving others.



# Danger of Envy:

- Envy lives in unreality.
- Envy keeps us from loving others.
- Envy pulls us away from God.



Truly God is good to Israel, to those  
who are pure in heart.

**Psalm 73:1-3**



**Envy says:**

“I am sure God has been good, just to someone or anyone besides me.”



Oh, fear the Lord, you his saints, for those who fear him have no lack! The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

**Psalm 34:9-10**





But when I thought how to understand this, it seemed to me a wearisome task, until I went into the sanctuary of God; then I discerned their end.

**Psalm 73:16-17**



When my soul was embittered, when I was pricked in heart, I was brutish and ignorant; I was like a beast toward you. Nevertheless, I am continually with you; you hold my right hand.

**Psalm 73:21-28**



You guide me with your counsel,  
and afterward you will receive me to  
glory. Whom have I in heaven but  
you? And there is nothing on earth  
that I desire besides you.

**Psalm 73:21-28**



My flesh and my heart may fail, but  
God is the strength of my heart and  
my portion forever. For behold,  
those who are far from you shall  
perish; you put an end to everyone  
who is unfaithful to you.

**Psalm 73:21-28**



But for me it is good to be near God;  
I have made the Lord God my refuge,  
that I may tell of all your works.

**Psalm 73:21-28**





For you shall worship no other god,  
for the Lord, whose name is Jealous,  
is a jealous God.

**Exodus 34:14**



Righteous Jealousy - a loving  
desire to have something that  
rightfully belongs to you.





“It is God’s jealous love that both unnerves us and draws us to Him. His relentless pursuit, His fierce hatred of any rival, and His incomprehensible willingness to anguish on our behalf captures our heart for His love.



His jealousy is our shield; it is our promise of eternal protection and passionate exclusivity. It is our confidence that the divine Lover will win His bride.”

- **Allender + Longman**



# Fighting Envy:



# Fighting Envy:

## 1. Worship



# Fighting Envy:

1. Worship

2. Confess



# Fighting Envy:

1. Worship
2. Confess
3. Gratitude

