



## Community Group Sermon Discussion

**Read Ephesians 4:17-24 and recap the sermon.**

1. What stood out to you from the passage or sermon? What convicted you? What comforted you?
2. In the sermon, we discussed that the Gospel affects our head, heart and hands:

	Old Self	New Self
Head	<ul style="list-style-type: none"> <li>• Darkened minds</li> <li>• Separated from the life of God</li> </ul>	<ul style="list-style-type: none"> <li>• Truth of Jesus</li> <li>• Renewed minds</li> </ul>
Heart	<ul style="list-style-type: none"> <li>• Callous and hard hearts</li> </ul>	<ul style="list-style-type: none"> <li>• New hearts soft to God</li> </ul>
Hands	<ul style="list-style-type: none"> <li>• Greedy for sin</li> </ul>	<ul style="list-style-type: none"> <li>• Pursuing righteousness + holiness</li> </ul>

- a. In what ways do you struggle to 'put off the old self'?
  - b. What does repentance look like to put on a new self through a renewed head, heart, and hands for Jesus?
3. In the sermon, we discussed how Christian growth and sanctification is less like turning on a light switch and is more like tending to a fire. What are the disciplines and "kindling" that you need to grow in in order to allow God to work in your life?
  4. Pray that the Lord would move in the hearts, hands, and minds of our church family and help us to fight the desire to become numb towards the things of God. Pray that we would actively fight the desire to compromise our sin with the Lord.

