

## ***12 Resolutions For Our Speech From James*** ***Adapted from Sinclair Ferguson***

“Do you speak like someone who “sounds” a little like Jesus because, born broken in your consciousness of your sinful tongue, you have found pardon and renewal in Christ, and now his Word dwells richly in you? At the end of the day, that is what spiritual maturity looks like — or better, sounds like — because of the transformation of our use of the tongue.”

**Resolved:**

To ask God for wisdom in my speech (1:5-8)

**Resolved:**

To set a watch over my mouth (1:13)

**Resolved:**

To be constantly quick to hear, slow to speak (1:19)

**Resolved:**

To resist quarrelsome words as marks of a bad heart (4:1)

**Resolved:**

To never speak evil of another (4:11)

**Resolved:**

To never boast in what I have or will accomplish (4:13)

**Resolved:**

To never grumble, knowing that the Judge is at the door (5:9)

**Resolved:**

To never allow anything but total integrity in my speech (5:12)

**Resolved:**

To speak to God in prayer whenever I suffer (5:13)

**Resolved:**

To sing praises to God whenever I am cheerful (5:13)

**Resolved:**

To confess whenever I have failed (5:16)

**Resolved:**

To speak words of restoration when I see another wander (5:19-20)

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