

Apostles Creed

“He descended to hell”

Week 6 | July 23rd, 2023
Community Group Discussion Guide

ANNOUNCEMENTS

Citizens Basics

Sunday, August 13 | 11am-12pm

We offer Citizens Basics a few times a year for anyone who is new to our church.

Led by various pastors and staff, this class consists of 30 minutes of teaching and 15 minutes of Q&A, with the goal of giving an overview of our vision as a church and how you can be a part of that vision.

Lunch and childcare is provided, but please register in advance.

[MORE INFO + REGISTRATION](#)

Membership Class

Sunday, September 17th | 4pm-6:30pm

We believe the church is central to all God is doing in the world. When you read the New Testament, wherever the gospel is proclaimed, people believe, disciples are made, and then churches are formed. When you put your faith in Jesus, you don't just get God as your Father, but you are now put in relationship with other Christians who are your brothers and sisters in Christ. You are now a part of the larger global Church, lived out in small local expressions, such as Citizens Church Charlotte.

This is why membership is so important. It's you committing to play your role in the larger family of God through a particular local congregation.

Our Membership Class is the first step towards membership at Citizens Church. If you're interested in becoming a member at Citizens, or just interested in finding out more about who we are, join us Sunday, September 17th from 4pm-6:30pm.

Coffee + light refreshments are provided. Childcare is also provided, but please register in advance.

[MORE INFO + REGISTRATION](#)

Family Vacation

November 10-12, Black Mountain, NC

Registration for this year's Family Vacation is now open! We value the chance to get away, retreat, rest, and spend time together as a church family, and we'd love for you to join us this year! On November 10-12, we are heading to the YMCA Blue Ridge Assembly in Black Mountain, NC. We will be staying in two cabins on the property, and will have a main meeting area for family style meals and sessions.

Family vacation is open to all Citizens Church members, members-in-progress (have taken membership class), and children of current members. The cost of the trip is \$100/adult and \$25/child. Scholarships are available if needed, but please talk to Dan about that sooner rather than later.

If you're planning to attend, please register ASAP. The earlier you register, the easier it is for us to plan for the weekend. You can register and get more details by clicking the graphic below.

[MORE INFO + REGISTRATION](#)

SERIES RECAP

For the past 1,800 years, millions upon millions of Christians worldwide have recited the Apostle's Creed as part of their corporate worship. Written shortly after the death of Christ, the Apostles' Creed summarizes foundational Christian beliefs. It is a helpful statement which unites the church, instructs the believer, protects against false doctrine, and points to a glorious God and what He desires for His people. Over the course of this series, we will explore the ancient creed together seeking to deepen ourselves in our ancient historic faith and, more importantly, in the God of our faith.

Let us read the Apostles Creed together to start the evening.

"I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried; he descended to hell. The third day he rose again from the dead. He ascended to heaven and is seated at the right hand of God the Father almighty. From there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen."

PRAYER + SCRIPTURE

Open with a brief word of prayer: "God, we thank you for this time together. We open our hearts to how you might want to meet with us. Allow us to hear your voice and experience your work among us. Come Holy Spirit."

1-2 minutes of silent reflection.

Read Matthew 27:45-28:6

45 Now from the sixth hour there was darkness over all the land until the ninth hour. 46 And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" 47 And some of the bystanders, hearing it, said, "This man is calling Elijah." 48 And one of them at once ran and took a sponge, filled it with sour wine, and put it on a reed and gave it to him to drink. 49 But the others said, "Wait, let us see whether Elijah will come to save him." 50 And Jesus cried out again with a loud voice and yielded up his spirit. 51 And behold, the curtain of the temple was torn in two, from top to bottom. And the earth shook, and the rocks were split. 52 The tombs also were opened. And many bodies of the saints who had fallen asleep were raised, 53 and coming out of the tombs after his resurrection they went into the holy city and appeared to many. 54 When the centurion and those who were with him, keeping watch over Jesus, saw the earthquake and what took place, they were filled with awe and said, "Truly this was the Son of God!" 55 There were also many women there, looking on from a distance, who had followed Jesus from Galilee, ministering to him, 56 among whom were Mary Magdalene and Mary the mother of James and Joseph and the mother of the sons of Zebedee.

57 When it was evening, there came a rich man from Arimathea, named Joseph, who also was a disciple of Jesus. 58 He went to Pilate and asked for the body of Jesus. Then Pilate ordered it to be given to him. 59 And Joseph took the body and wrapped it in a clean linen shroud 60 and laid it in his

own new tomb, which he had cut in the rock. And he rolled a great stone to the entrance of the tomb and went away. 61 Mary Magdalene and the other Mary were there, sitting opposite the tomb.

62 The next day, that is, after the day of Preparation, the chief priests and the Pharisees gathered before Pilate 63 and said, "Sir, we remember how that impostor said, while he was still alive, 'After three days I will rise.' 64 Therefore order the tomb to be made secure until the third day, lest his disciples go and steal him away and tell the people, 'He has risen from the dead,' and the last fraud will be worse than the first." 65 Pilate said to them, "You have a guard of soldiers. Go, make it as secure as you can." 66 So they went and made the tomb secure by sealing the stone and setting a guard.

1 Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. 2 And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. 3 His appearance was like lightning, and his clothing white as snow. 4 And for fear of him the guards trembled and became like dead men. 5 But the angel said to the women, "Do not be afraid, for I know that you seek Jesus who was crucified. 6 He is not here, for he has risen, as he said. Come, see the place where he lay.

1-2 minutes of silent reflection.

Close with this short prayer: "Father, thank you for your Son, who experienced death and suffering to the fullest on our behalf. Spirit, help us understand the beauty in this reality, that Jesus knows what it means to die.

As you reflect on Matthew 27:45-28:6 what is the Holy Spirit showing or teaching you?

SERMON DISCUSSION

Let's have a discussion around these main points from Sunday's teaching:

JESUS PHYSICALLY DESCENDED TO HELL

In the Sermon, we heard that the original intent of the Apostles Creed was to use the word "Hades" instead of Hell. Hades actually refers to two distinct places: Gehenna, a place of eternal suffering for those who do not worship God (what we commonly refer to as hell today), and Paradise, an eternal place of joy and perfection for those who worship God (what we commonly refer to as heaven today). So when the Creed says Jesus "descended to hell", part of what it means is that he actually died and his soul and body were separated (see Matt 27:50).

How does Jesus' death and descent to hades shape or form your belief in Him?

JESUS SPIRITUALLY DESCENDED TO HELL

There is a spiritual layer to Jesus' descent to hell as well. On the cross, Jesus experienced the painful suffering of being forsaken by the Father. This was meant for all of humanity because of sin, and yet Jesus suffers both physically and spiritually in our place (see Matt 27:45-46)..

How is Jesus' spiritual suffering on the cross in your place good news for you right now?

DEATH IS DEFEATED

Jesus did not stay dead, but rose after three days. As we heard taught in the sermon, Jesus gets up out of the grave, conquering death. In our suffering, grief, pain, and confusion as we face the reality of death around us, we can be encouraged that death was, is, and will be defeated. 1 Corinthians 15:26 says "The last enemy to be destroyed is death."

How does the resurrection of Jesus and His conquering of death push you to trust Him more?

SERIES PRACTICE

One of our key discipleship values as a church is that of practice. Moving forward, we are going to begin emphasizing one of our key spiritual practices during each sermon series. This practice is meant to coincide with the theme of the series, and something we invite our church to practice as a part of their spiritual formation.

During the Apostles Creed series, we are emphasizing the practice of Scripture. Getting into God's Word and getting God's Word into us is vital for helping form our doctrine and fuel our discipleship.

Spend some time before you close talking about what group members are reading, and how you can press into Scripture as a group this summer.

CLOSING PRAYER

Pray over what was shared in the discussion, for your group to be united in the gospel, and for help from the Holy Spirit to be shaped to be more like Jesus as we put God's ways into practice.